

Conditioning, parenting, culture and education tend to emphasize our sense of separateness. This feeling of being separate from the rest of the universe becomes the source of our psychological and existential suffering. The Oneness Blessing is a response to this experience of human suffering, freeing us from imprisoning mental patterns that bind us. It is a gift of love and divine energy that supports our growth on the spiritual path, no matter what that path is.

What is the Oneness Blessing?

The Oneness Blessing (also known as Deeksha) is a non-denominational transfer of Divine Energy. The purpose of this unique and specific blessing is to awaken in us the experience of Oneness. Sourced in Divine Intelligence, it operates appropriately in response to the needs of the individual. It allows each of us to deepen our relationships with ourselves, with those we love, with all of humanity, and with the Divine.



What does it do?

The Blessing initiates a neurobiological change in the brain that, when complete, enables the senses to be free from the interference of the thinking mind. When the senses are unclouded by the mind's interpretations, a natural clarity of perception occurs with accompanying spontaneous feelings of joy, inner calmness and connection to the Oneness in everything.



Why has the Oneness Blessing Come at this time?

Our planet, and all of humanity, is currently undergoing a major evolutionary transformation. This is impacting our environment, our social structures, and our individual and collective

consciousness. The co-founders of Oneness, Sri Bhagavan and Sri Amma, are here to help with this transformation.



How is the Oneness Blessing Transferred?

The Oneness Blessing is transferred by a Oneness Facilitator placing his or her hands on the crown of your head, usually for 1 or 2 minutes. Experiences during the Oneness Blessing vary, sometimes strong, sometimes subtle, sometimes delayed until even days later. You might experience a tingling sensation in the head, or blissful energy flowing through the body, a general sense of peace, or sometimes nothing at all. But whatever your particular experience, you can trust that the process has begun; a process that leads gradually (or sometimes spontaneously) to your own awakening.

Why Oneness Blessing?

- * Opens the doors of consciousness
- * Awakens Intelligence
- * Enhances memory retention
- * Increases ability to learn
- * Takes you into alpha
- * Creates better hemispheric synchronization
- * Brings love to relationships
- * Heals hurts
- * Increases listening
- * Helps experience the other
- * Awakens compassion
- * Instills affection
- * Infuses vitality
- * Heals the body by healing the mind
- * Improves metabolic activity
- * Relaxes the body
- * Helps build love and appreciation for the body
- * Invokes auspicious energies
- * Creates a prosperity consciousness
- * Removes blocks that hinder success
- * Makes possible a mental frame for abundance



Awaken To Oneness

For more information & to experience the Oneness Blessing:

MA Oneness Trainers, courses, and FREE Oneness Blessing events all over the state, can be found at www.onenessma.org

Oneness across North America: <http://www.onenessusa.org/>

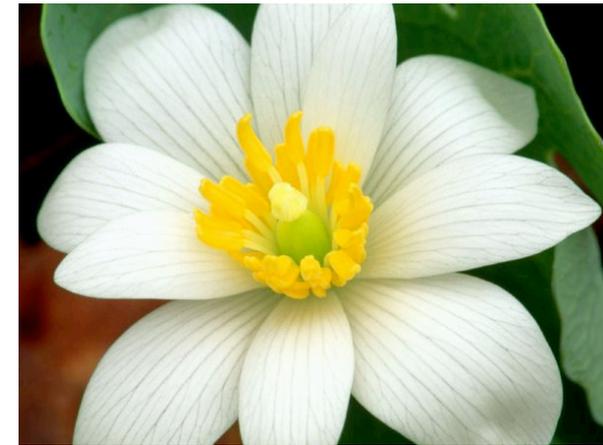
On-line Oneness Meditation from all over the world <http://www.onenessmeditationevents.com/>

Oneness MA on Facebook <http://www.facebook.com/onenessma>

History, vision, great wisdom, webcasts, videos, India courses and much more can be found at the Oneness University website: <http://www.onenessuniversity.org/>

Oneness is an experience, not merely a concept.

*The Oneness Blessing
(Deeksha)*



Oneness is the natural state of human beings. It is a state in which we experience our natural unity with other people, this world, and the universe. Oneness is a state of balance, harmony, peace and contentment.